

REGISTRATION FORM

NAME _____

Address: _____

Zip: _____ Phone: _____

Parents Name: _____

GRADE (Entering in Fall 2010) _____

OFFENSIVE POSITION _____

DEFENSIVE POSITION _____

MEDICAL INFORMATION COACHES SHOULD BE AWARE OF:

INSURANCE COMPANY _____

SUBSCRIBER NAME _____

SUBSCRIBER ID# _____

PLAN # _____ GROUP# _____

I verify that my child has been checked by a licensed physician and is physically able to participate in this football camp. I agree to allow my child to be treated by a licensed physician if necessary and to assume all costs related to such treatment. I authorize the disclosure of medical information to my insurance for the purpose of claim. I understand that if this application is accepted there is no refund of the fee unless we can fill the spot. I hereby waive and release the **PENFIELD YOUTH FOOTBALL CAMP, STAFF AND PENFIELD SCHOOLS** from any and all liability for any injuries incurred by my child while attending camp.

PARENT SIGNATURE _____

SHIRT SIZE ____ YL ____ YXL ____ S ____ M
____ L ____ XL ____ XXL

YOUTH CAMP SCHEDULE

- 6:00 STRETCH/ FORM RUN
- 6:15 AGILITIES
- 6:20 Defensive Individual
- 6:40 TEAM DEFENSE
- 7:00 Offensive Individual
- 7:20 TEAM OFFENSE
- 7:40 SPECIAL TEAMS
- 7:55 CONDITIONING AND CLOSING REMARKS

* Coaches will be available each night for any questions you may have.

MAKE CHECKS PAYABLE TO:

“PENFIELD FOOTBALL BOOSTER CLUB”

” FOR OFFICE USE ONLY - PAYMENT TYPE:

CASH _____ CHECK (#) _____



“ 2010 “

PENFIELD YOUTH FOOTBALL CAMP



DON'T JUST SIT ON THE COUCH ALL SUMMER & WATCH TV OR PLAY VIDEO GAMES WHEN YOU CAN ACTIVELY LEARN & IMPROVE!

For students entering GRADES 3-8

JULY 12-15, 2010 (MON-THURS)

TIME 6:00-8:00pm

“COST - ONLY \$75”

2010 PENFIELD CAMP MISSION

Our camp is designed for young athletes who participate in Youth Football Programs, Modified Football or even first time players who are interested in learning more about the experience and how to play the game.

The camp is fun & yet designed to be a valuable learning-tool for those playing football this fall & those we hope continue playing throughout High School. We lay the foundation for success, so each participant learns the proper technique & fundamentals by position, including emphasis on conditioning, agility drills, conduct within the game & good sportsmanship. We believe what football teaches can be applied in a "positive way" both on-and-off the football field in years to come. Additionally developing a Healthy Diet & Active Lifestyle is a positive path for any young person. Hope to see you there!

CAMP STAFF

STEVE ROMANO - CAMP DIRECTOR

- HEAD FOOTBALL COACH
- **DAVID BLAHOWICZ**
VARSITY ASSISTANT COACH
- **GREG GEESLER**
VARSITY ASSISTANT COACH
- **RON KURIMSKY**
VARSITY ASSISTANT COACH
- **MIKE BUTLER**
VARSITY ASSISTANT COACH

PENFIELD HIGH SCHOOL ASSISTANT COACHES AND VARSITY PLAYERS WILL BE ON HAND TO ENSURE MAXIMUM PARTICIPATION WITH A LOW PLAYER TO COACH RATIO. THIS MEANS MORE INDIVIDUALIZED ATTENTION & INSTRUCTION!

AREAS OF INSTRUCTION

QUARTERBACKS: PROPER THROWING TECHNIQUE, STANCE, DROPPING BACK, PLAY ACTION, SPRINT OUT PASSING, BALL HANDLING, AND READING DEFENSES.

RECEIVERS: BALL DRILLS, STANCE, START, ROUTE RUNNING, DOWN FIELD BLOCKING, FIELD AWARENESS, READING COVERAGE.

RUNNING BACKS: BALL HANDLING, STANCE, RUN AND PASS BLOCKING, PASS RECEIVING, AND READING BLOCKS

OFFENSIVE LINEMAN: STANCE, STARTS, RUN AND PASS BLOCKING, PULLING, AND TRAPPING.

DEFENSIVE LINE: STANCE, ALIGNMENT, KEY READS, PASS RUSH, RUN AND PASS DEFENSE, PURSUIT AND TACKLING.

LINEBACKERS AND SECONDARY: ALIGNMENT, STANCE, PROPER POSITION, PASS COVERAGE, PURSUIT AND TACKLING



EACH CAMP MEMBER IS EXPECTED TO WEAR SHORTS, T-SHIRT, SNEAKERS, AND BRING A "LABELED" WATER BOTTLE. NO ADDITIONAL EQUIPMENT IS NEEDED. DRILLS WILL BE "PASSIVE" CONTACT. MOUTH GUARDS AND CLEATS ARE STRONGLY RECOMMENDED, BUT ARE NOT REQUIRED.

***ALL ATHLETES WILL RECEIVE A FREE CAMP TEE-SHIRT**

DETAILS

WHERE: PENFIELD HIGH SCHOOL

COST: \$75

PLEASE MAKE ALL CHECKS PAYABLE TO:
"PENFIELD FOOTBALL BOOSTER CLUB"

SESSIONS: WILL RUN FROM 6:00-8:00PM
(PLEASE ARRIVE NO LATER THAN 5:40PM
ON MONDAY, JULY 12TH)

REGISTRATION:

PLEASE COMPLETE AND MAIL YOUR REGISTRATION FORM TO:

**ATTN: COACH STEVE ROMANO
PENFIELD YOUTH FOOTBALL CAMP
941 LIMPET DRIVE
WEBSTER, NEW YORK 14580**

LATE REGISTRATION:

WILL BE AVAILABLE ON MONDAY, JULY 12TH FROM 5:00-5:30PM * CASH ONLY

ELIGIBILITY:

ALL ENTERING GRADES 3-8 IN FALL 2010