

REGISTRATION FORM

NAME _____

POSITION Offense (C, G, T, TE) _____
Defense (DE, DT, NG) _____

ARE YOU A LONGSNAPPER _____

GRADE (Entering in Fall 2010) _____

PAST HEALTH/INJURIES _____

ALLERGIES _____

INSURANCE COMPANY _____

SUBSCRIBER NAME _____

SUBSCRIBER ID# _____

PLAN # _____ GROUP# _____

*I verify that my child has been checked by a licensed physician and is physically able to participate in this football camp. I agree to allow my child to be treated by a licensed physician if necessary and to assume all costs related to such treatment. I authorize the disclosure of medical information to my insurance for the purpose of claim. I understand that if this application is accepted there is no refund of the fee unless we can fill the spot. I hereby waive and release the **PATRIOT OFFENSIVE/ DEFENSIVE LINE CAMP, STAFF AND PENFIELD SCHOOLS** from any and all liability for any injuries incurred by my child while attending camp.*

PARENT SIGNATURE _____

ADDRESS _____

CITY _____ ZIP _____

PHONE(#S) _____

SHIRT SIZE _____L _____XL _____XXL

TYPICAL CAMP SESSION

5:30 LONG SNAPPING CLINIC

6:00-6:20 Attendance / Stretch / Form Run

WATER

6:25-7:20 SESSION I

GROUP A OFFENSIVE RUN PROGRESSION

- a. Stance
- b. Footwork
- c. Punch Progression
- d. Bag Work
- e. Combination Blocking
- f. Communication
- g. 1v1

GROUP B DEFENSIVE PROGRESSION

- a. Stance
- b. Footwork
- c. Punch Progression
- d. DEFEAT BLOCK
- e. Reading Run
- f. PASS RUSH
- g. 1v1

WATER

7:25-8:20 SESSION II

GROUP B TO OFFENSE

GROUP A TO DEFENSE

WATER

8:20

CLOSING

- a. REMARKS
- b. GUEST SPEAKER
- c. GROUP BREAK

PATRIOT LINE CAMP

AN OFFENSIVE AND DEFENSIVE LINE CAMP



GRADES 7-12

JULY 19-22 (MON-THURS)

6:00 - 8:30pm

PENFIELD H.S. STADIUM

COST \$85.00

2 campers from same family- \$150.00

3 or More Campers from same family- \$200.00

**FEATURING THE OFFENSIVE AND
DEFENSIVE LINE STAFF OF
PENFIELD AND WAYNE HIGH
SCHOOL**

CAMP STAFF

**GREG GEESLER
CAMP DIRECTOR
VARSITY OFFENSIVE LINE COACH**

**MIKE BUTLER
VARSITY DEFENSIVE LINE COACH**

**STEVE ROMANO
PENFIELD VARSITY HEAD COACH**

**DAVE MAREAN
WAYNE VARSITY HEAD COACH**

**PENFIELD AND WAYNE HIGH
SCHOOL ASSISTANT COACHES**

**FORMER HIGH SCHOOL AND
COLLEGE PLAYERS WILL BE
INVITED FOR GUEST SESSIONS.**

**MONROE COUNTY
DIVISION I CHAMPS 2006**

**SECTION V CLASS AAA FINALISTS
2003, 2004, 2006**

WHO IS IT FOR?

**ATHLETES ENTERING GRADES 7 THROUGH
12 INTERESTED IN DEVELOPING AND
IMPROVING OFFENSIVE AND DEFENSIVE
LINE TECHNIQUES.**

**INSTRUCTION WILL BE BASED ON
POSITION AS WELL AS GRADE LEVEL**

****LONG SNAPPING CLINIC TO TAKE
PLACE FROM 5:30 – 6:00 FOR ALL
GRADE LEVELS.**

WHAT TO BRING?

**HELMET, SHOULDER PADS,
MOUTHPIECE, SHORTS, CLEATS AND
SNEAKERS)**

TO REGISTER:

**COMPLETE THE ATTACHED FORM
WITH PAYMENT AND RETURN BY
MONDAY, JULY 12, 2010 TO:

**PATRIOT OFFENSIVE LINE CAMP
231 HEDGEGARTH DRIVE
ROCHESTER, NEW YORK 14617**

**MAKE CHECKS PAYABLE TO:
PENFIELD PATRIOT FOOTBALL
BOOSTERS.**

**WHEN: MONDAY, JULY 19TH THROUGH
THURSDAY, JULY 22RD**

**SESSIONS WILL RUN FROM 6:00-8:30
(PLEASE ARRIVE NO LATER THAN
5:15 ON MONDAY, JULY 23RD)**

WHERE: PENFIELD HIGH SCHOOL

**COST: \$85.00
2 from same family \$150.00**

3 or More Campers from same family- \$200.00

**ALL ATHLETES WILL
RECEIVE A CAMP TEE-SHIRT**

REGISTRATION:

**REGISTRATION CAN BE DONE BY
FILLING OUT REGISTRATION FORM
AND MAILING IT TO:**

**PATRIOT LINE CAMP
231 HEDGEGARTH DRIVE
ROCHESTER, NEW YORK 14617**

LATE REGISTRATION:

**WILL BE AVAILABLE ON MONDAY,
JULY 19^T FROM 5:00-5:30
* CASH ONLY**

ELIGIBILITY:

**ALL INTERESTED ATHLETES
ENTERING GRADES 7-12 IN FALL
2009.**